State of Alaska, Department of Administration Division of Retirement and Benefits

AlaskaCare Employee	Number: 2020-1
Health Plan Amendment	Effective Date: August 1, 2020
Additional & Amended Provisions:	Review Date: July 14, 2020
Adds:	Distribution:
1) 3.5.34 Medical Foods	Commissioner
Amends:	Division Director
2) 3.7 Medical Benefit Exclusions	Chief Health Administrator
	Health Operations Manager
	Deputy Health Official
	Vendor Manager
	Appeals Supervisor
	Eligibility Manager
	Communications Supervisor
	Legal Counsel
	TPA
	File

The State of Alaska provides, by means of self-insurance, health benefits covering each eligible employee of the state and their dependents, unless exempted under regulation adopted by the Commissioner of Administration. Such benefits are set forth in the *AlaskaCare Employee Health Plan* (the "Plan"). Under authority of AS 39.30.090-098, the Commissioner of Administration hereby amends the Plan as follows:

Section 1: Additional & Amended Provisions

1) Adds new Section 3.5.34 Medical Foods with the following language:

Covered expenses include the formulas necessary for the treatment of phenylketonuria only when administered under the direction of a physician. Formulas must be prescribed by a physician in conjunction with the treatment of the inborn metabolic disease phenylketonuria.

- 2) Amends Section 3.7 Medical Benefit Exclusions to add the following <u>underlined</u> language:
 - 23. Any food item, including infant formulas, nutritional supplements, vitamins, including prescription vitamins, medical foods, and other nutritional items, even if it is the sole source of nutrition, unless necessary for the treatment of phenylketonuria as provided for in Section 3.5.34 Medical Foods.

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Section 2: Conflict

In the event of a conflict between the language contained in this Amendment and previously adopted language contained in the Plan, the provisions of the Amendment shall control.

Section 3: Effective Date

This Amendment is effective for claims submitted for payment with dates of service on or after August 1, 2020.

Adopted this 14 day of July , 2020.

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Kelly Tshibaka, Commissioner Department of Administration