The State of Alaska provides, by means of self-insurance, health benefits covering each eligible employee of the state and their dependents, unless exempted under regulation adopted by the Commissioner of Administration. Such benefits are set forth in the AlaskaCare Employee Health Plan (the “Plan”). Under authority of AS 39.30.090-098, the Commissioner of Administration hereby amends the Plan as follows:

**Section 1: Additional & Amended Provisions**

1) Adds new **Section 3.5.34 Medical Foods** with the following language:

   **Covered expenses** include the formulas necessary for the treatment of phenylketonuria only when administered under the direction of a physician. Formulas must be prescribed by a physician in conjunction with the treatment of the inborn metabolic disease phenylketonuria.

2) Amends **Section 3.7 Medical Benefit Exclusions** to add the following underlined language:

   23. Any food item, including infant formulas, nutritional supplements, vitamins, including prescription vitamins, medical foods, and other nutritional items, even if it is the sole source of nutrition, unless necessary for the treatment of phenylketonuria as provided for in Section 3.5.34 Medical Foods.
State of Alaska, Department of Administration
Division of Retirement and Benefits

Section 2: Conflict
In the event of a conflict between the language contained in this Amendment and previously
adopted language contained in the Plan, the provisions of the Amendment shall control.

Section 3: Effective Date
This Amendment is effective for claims submitted for payment with dates of service on or after
August 1, 2020.

Adopted this 14th day of July, 2020.

By: [Signature]
Kelly Tshibaka, Commissioner
Department of Administration