

Submitting a Direct Member Reimbursement (DMR)

The Optum member portal limits the submission of DMR claims to only the subscriber who must have a Health Safe ID. Subscribers can submit DMRs for themselves or any dependent enrolled under their account. This is a safeguard against fraud.

Dependents under the subscriber (ex: dependent spouse or child) cannot submit DMR claims using their own account within their Optum Rx member portal. If a dependent wants to submit a DMR independent of the subscriber the dependent can do so via other routes for DMR submission. These include the Optum Rx website method for submitting a DMR, or by mailing in a DMR form to Optum. We will go through this step-by-step in the guide below.

How to submit a Direct Member Reimbursement (DMR) Digitally online

If you are the subscriber and are submitting for a DMR online for yourself or dependent, there are two options for submitting a DMR online.

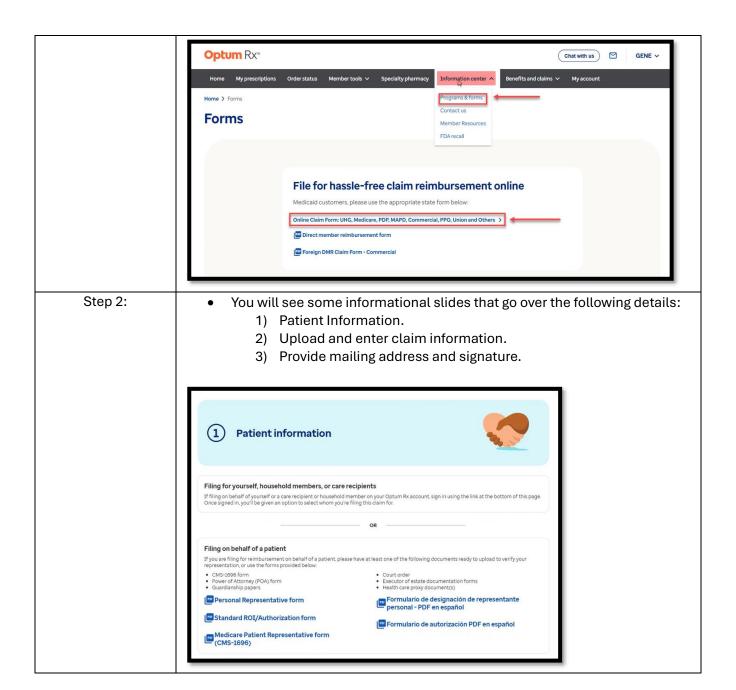
- 1) **Through Your Member Portal:** If you have a member portal, you can follow the step-by-step instructions in this document by <u>clicking here</u>. (Preferred Method)
- 2) **Optum Rx Website Method:** If you don't have a member portal or prefer not to set one up, you can still submit your DMR digitally online using the Optum Rx website method. You can follow the step-by-step instructions by <u>clicking here.</u>

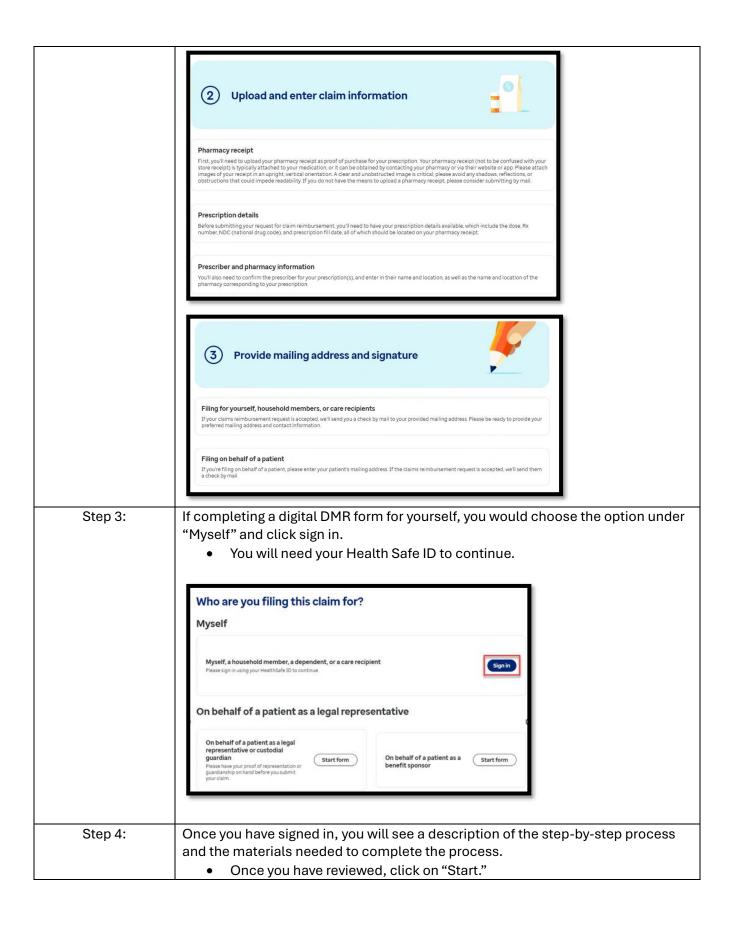
If you are dependent submitting a DMR online for yourself, there is one option for submitting a DMR online. Alternatively, if you prefer, you can submit a paper form. Instructions for both DMR submittal methods are provided below.

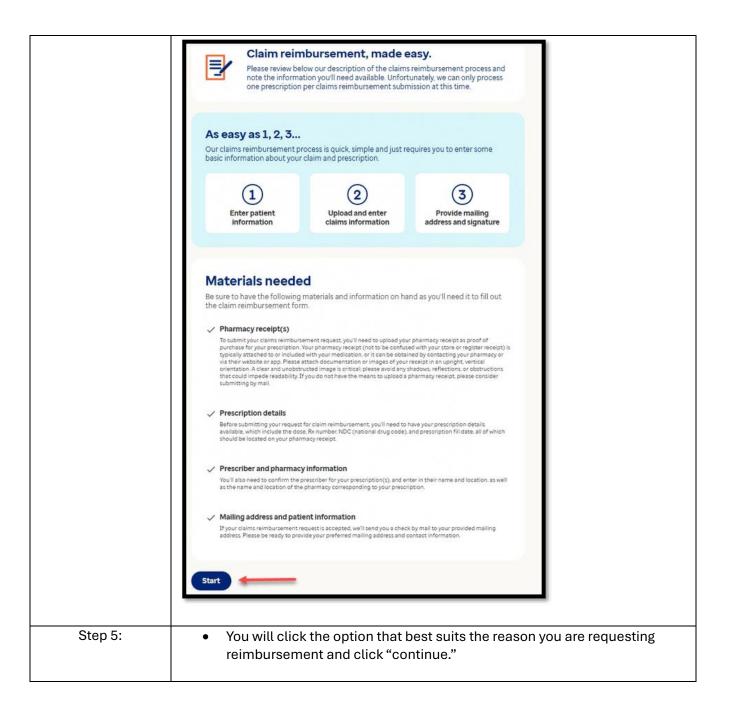
- 1) **Optum Rx Website Method:** Dependents can submit their DMR digitally online using the Optum Rx website method only. You can follow the step-by-step instructions in this document by <u>clicking here</u>.
- 2) **Paper Form Method:** If you prefer not to submit digitally, you can request a DMR paper form by calling 1-855-409-6999. You can also obtain a DMR form by logging into your member portal and choosing "Information center" in the top toolbar and then clicking on "Programs and Forms." You will see the DMR form in PDF Format under the "File Online" button.

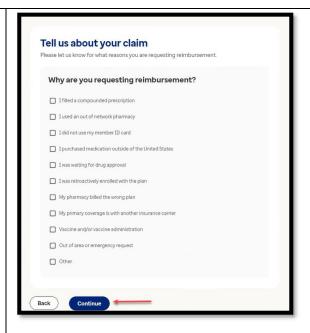
Subscribers: Submitting a Direct Member Reimbursement (DMR) through your Member Portal

Step 1:	Log into Optumrx.com
	 Go to the "Information Center" on the menu bar.
	Choose "Programs & Forms".
	 Next, you would choose the option, "Online Claim Form".









Step 6:

Pharmacy Receipt:

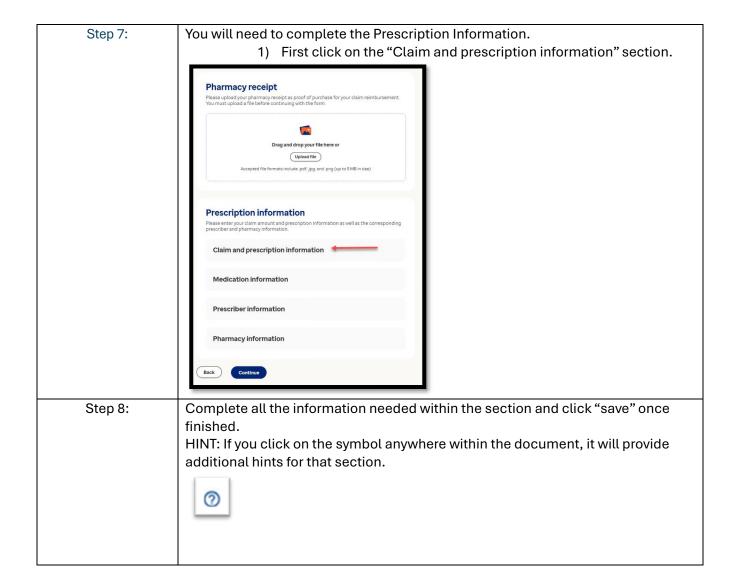
- You will upload your proof of purchase for your claim reimbursement.
 Please note: This is not the store or register receipts, this receipt is typically attached to or included with your medication that contains all of your medication details for processing. (If you do not have this you can contact your pharmacy for a printout or sign into the pharmacy website or app to obtain.)
- Files must be in PDF, JPG, and PNG format (up to 5mb in size)

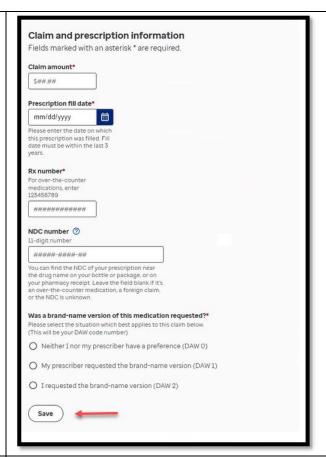
Once you have uploaded your receipt:

 Our smart technology will extract the details from the receipt and populate the "Prescription Information."
 Please Note: If any information is missing, or the receipt is not legible you will then be prompted to enter the "prescription Information" manually.

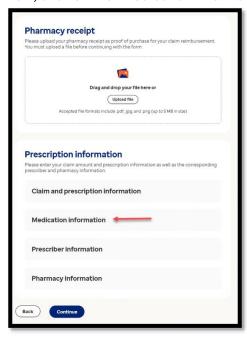
Please see Step 7 below to enter the "prescription information manually"

If all the information populates, click continue and proceed to <a>Step 17.





Step 9: Next, click on the "Medication Information" section.



Step 10:

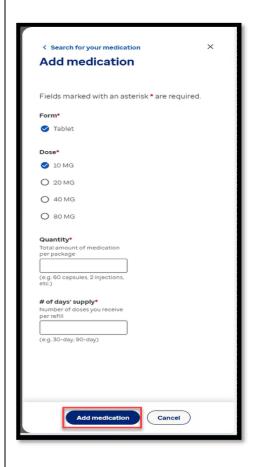
This will bring up a pop-up screen on the right-hand side of your screen.

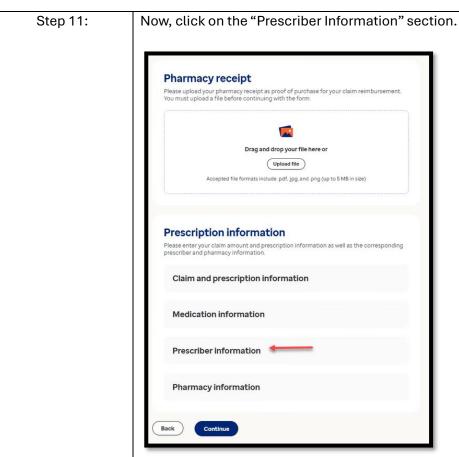
1) You will enter your medication name here and click "search."



You will then get another pop-up on the right-hand side of the screen to enter the form, dose, quantity and # of day supply.

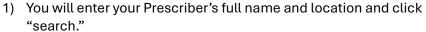
• Once you have entered this detail, choose "Add medication."

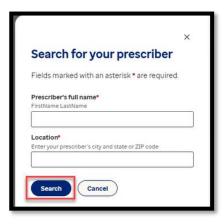




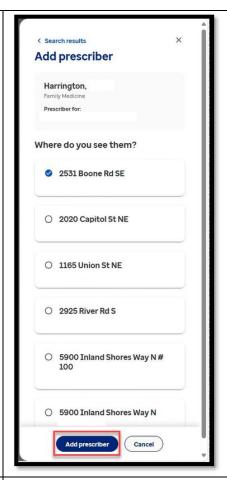
Step 12:

This will bring up a pop-up screen on the right-hand side of your screen.

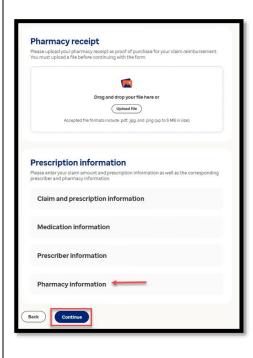


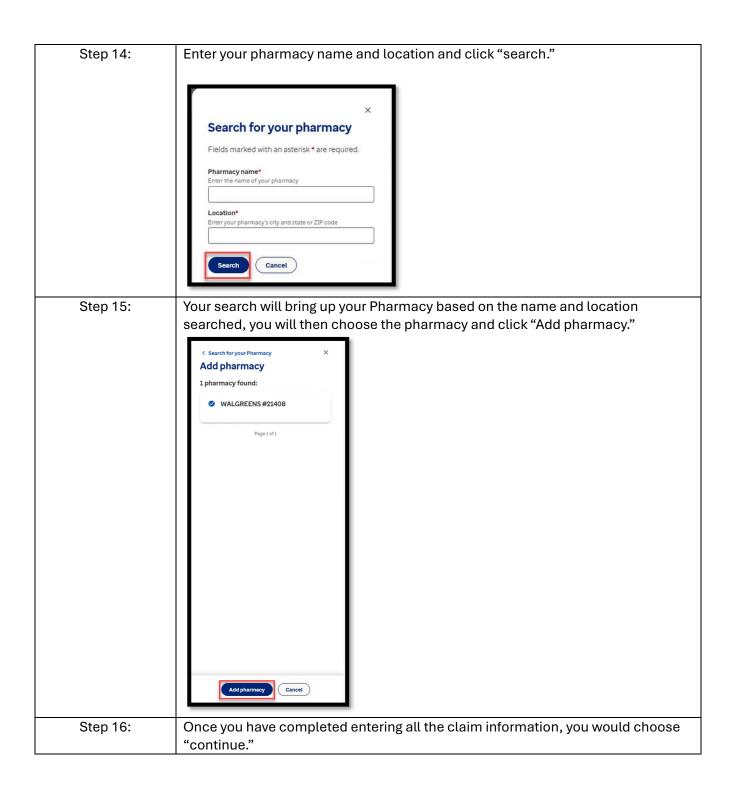


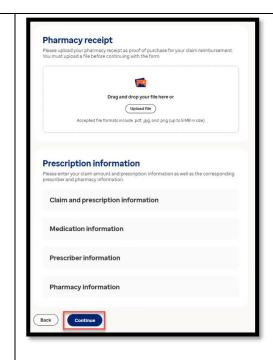
Your search will bring up your Prescriber's name, you will then choose the location(s) you see for your prescriber and click "Add prescriber."



Step 13: Lastly, click on the "Pharmacy Information" section.







Step 17:

Next complete the three sections indicated below.

- 1) Your address from your profile will appear under mailing address, you will choose the address on the dial. If your correct address is not listed, you would click on the "I don't see the address I need listed here."
 - Please note: The address you enter will not save to your profile. If you need to save your primary mailing address on your profile, please call 1-855-409-6999.
- 2) Confirm your contact information.
- 3) Review and sign your name and click "submit."



Step 18:

Once submitted you will receive a confirmation number.

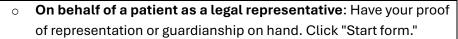


Subscribers: Submitting a Direct Member Reimbursement (DMR)- Optum Rx Website Visit Optum Rx website https://www.optumrx.com/ Step 1: Please note: Use Google Chrome for best experience. **Welcome to Optum Rx** Don't have an account yet? Register to get started. View coverage and benefits Step 2: Navigate to Forms Section https://www.optumrx.com/forms.html Click on the "Forms" link below the Optum Rx logo. Click on the button "File a form online." Optom Rx® **Forms** File for a hassle-free claim reimbursement online

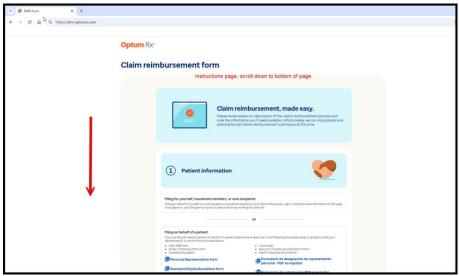
Step 3: Who

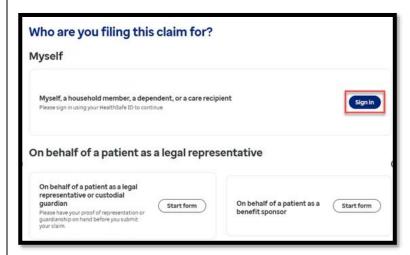
Who Are You Filing This Claim For?

- Scroll to the bottom of the webpage to the section "Who are you filing this claim for?"
 - o **Myself**: Sign in using your Health Safe ID to continue.





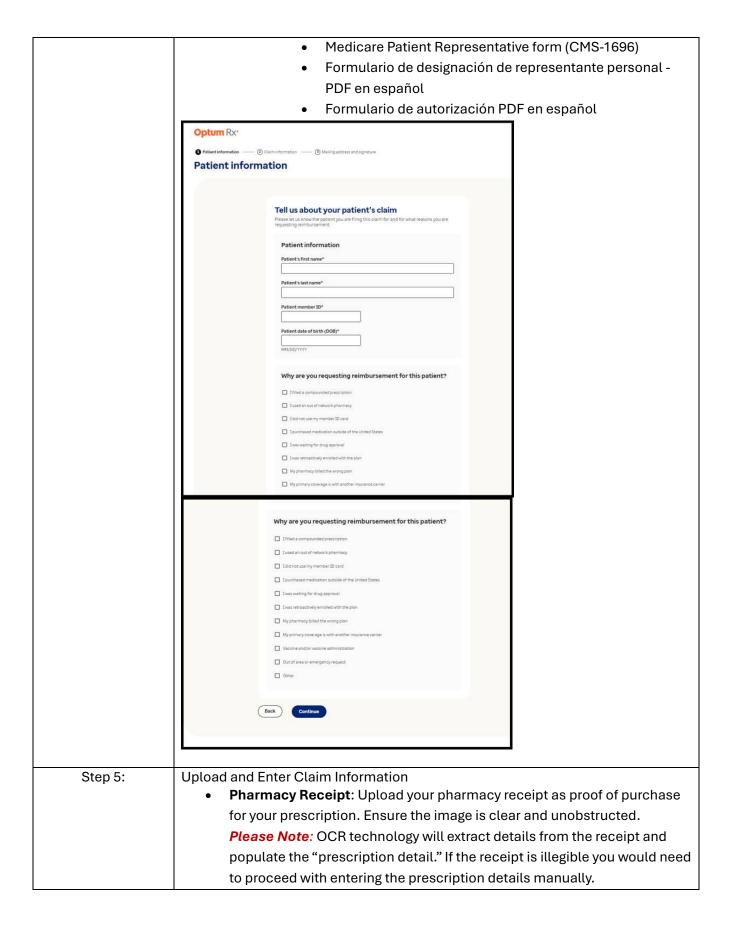




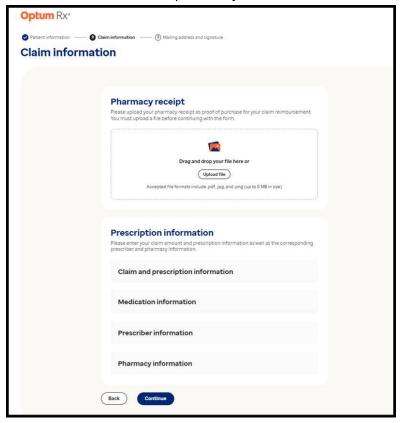
Step 4:

Patient Information:

- Filing for yourself, household members, or care recipients:
 Complete the patient information.
- Filing on behalf of a patient: Complete the patient information and have at least one of the following documents ready to upload:
 - Power of Attorney (POA) form
 - Guardianship papers
 - Court order
 - Executor of estate documentation forms
 - Health care proxy document(s)
 - Personal Representative form
 - Standard ROI/Authorization form



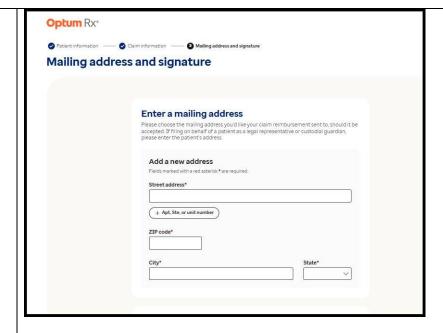
- **Prescription Details**: Have your prescription details available, including dose, Rx number, NDC (national drug code), and prescription fill date.
- **Prescriber and Pharmacy Information**: Confirm the prescriber for your prescription(s) and enter their name and location, as well as the name and location of the pharmacy.



Step 6:

Provide Mailing Address and Signature

- Filing for Yourself, Household Members, or Care Recipients: Provide your preferred mailing address and contact information.
- **Filing on Behalf of a Patient**: Enter your patient's mailing address. If the claims reimbursement request is accepted, a check will be sent by mail.



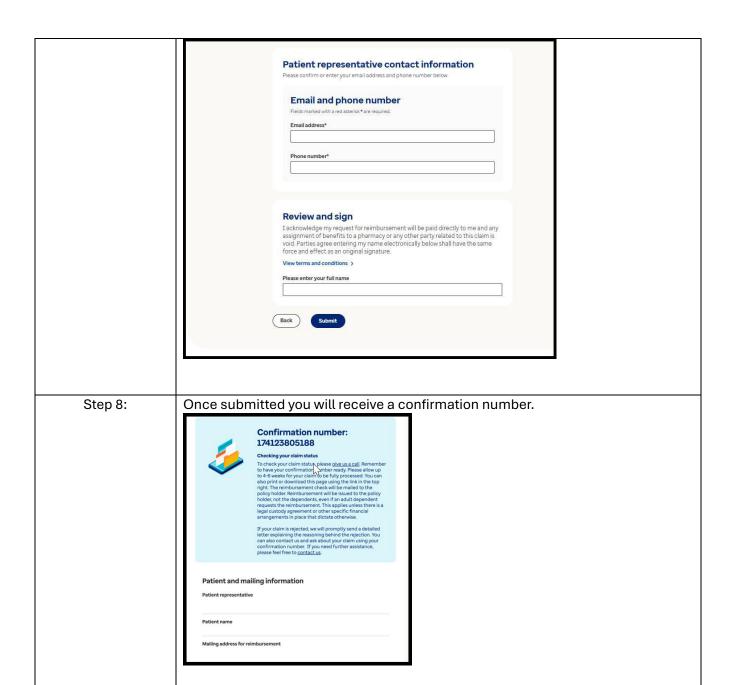
Step 7:

On Behalf of a Patient as a Benefit Sponsor

- Follow these steps:
 - 1. Navigate to the form:
 - Scroll to the bottom of the page.
 - Select "On behalf of a patient as a benefit sponsor."
 - Click on "Start form."
 - 2. Populate the form:
 - Enter "Patient information" and "Why are you requesting reimbursement for this patient?"
 - Click "Continue."
 - 3. Upload pharmacy receipt:
 - OCR technology will extract details from the receipt and populate the "Prescription details."

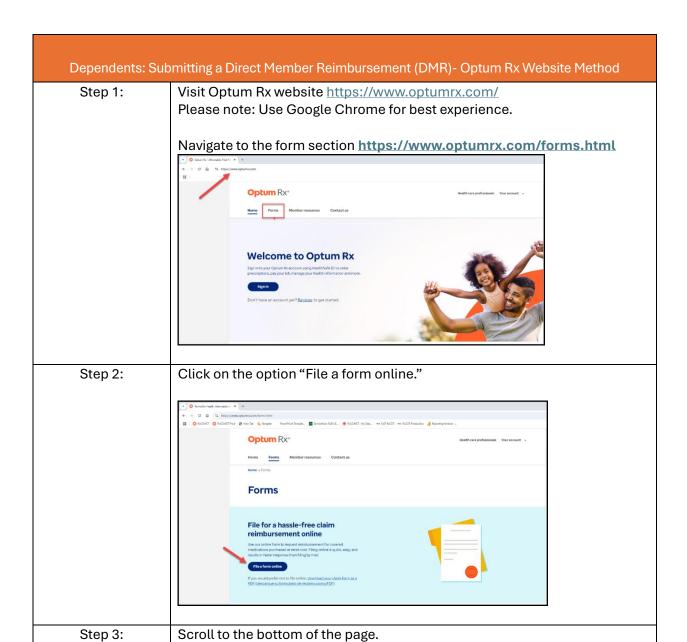
Please Note: If the receipt is illegible you will proceed with entering the prescription details manually.

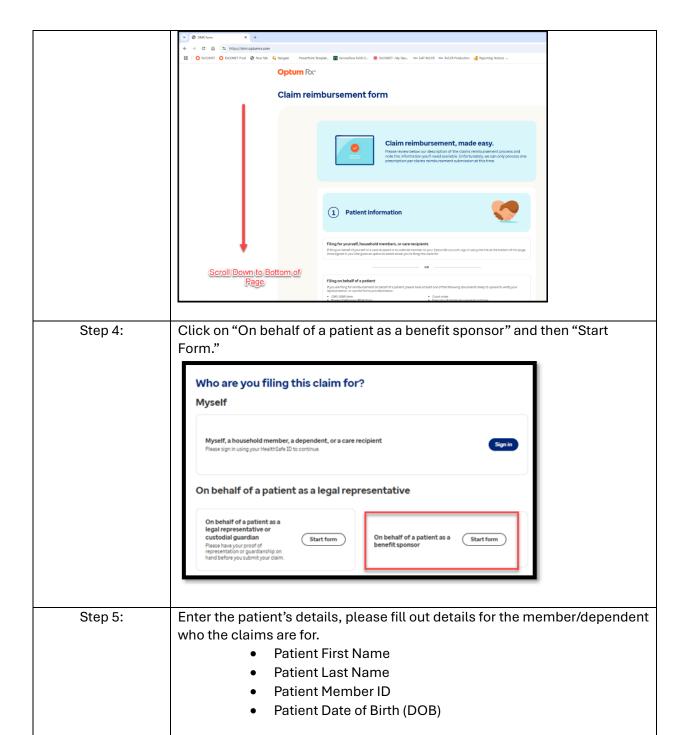
- Click "Continue."
- 4. Enter mailing address and contact information:
 - Provide the mailing address and patient representative contact information.
 - Review and sign.
 - Submit the form.
 - Confirmation screen will display.

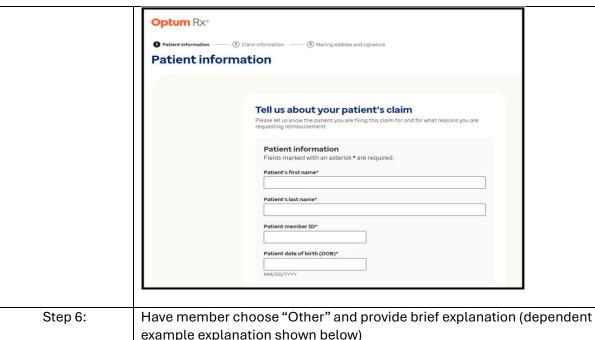


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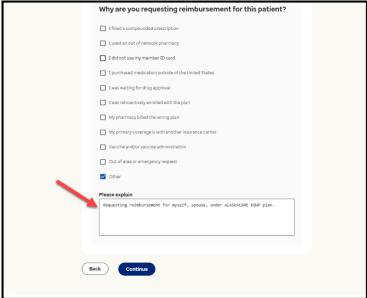
Thank you for following this guide, if you have any questions, please contact our Optum AlaskaCare Customer Service at 1-855-409-6999.







example explanation shown below)



Step 7: Upload and Enter Claim information.

> Pharmacy Receipt: Upload your pharmacy receipt as proof of purchase for your prescription. Ensure the image is clear and unobstructed.

Please Note: OCR technology will extract details from the receipt and populate the "prescription details." If the receipt is illegible you would need to proceed with entering the prescription details manually.

Prescription Details: Have your prescription details available, including dose, Rx number, NDC (national drug code), and prescription fill date.

Prescriber and Pharmacy information: Confirm the prescriber for your prescription(s) and enter their name and location, as well as the name and location of the pharmacy. Optum Rx° ✔ Patient information — ② Claim information — ③ Mailing address and signature **Claim information** Pharmacy receipt Please upload your pharmacy receipt as proof of purchase for your claim reimbursement You must upload a file before continuing with the form. Drag and drop your file here or Upload file Accepted file formats include .pdf, .jpg, and .png (up to 5 MB in size) Prescription information Please enter your claim amount and prescription information as well as the corresponding prescriber and pharmacy information. Claim and prescription information Medication information Prescriber information Pharmacy information Back Continue Provide preferred mailing address. Step 8: Optum Rx^o
 ✔ Patient information
 ✔ Claim information

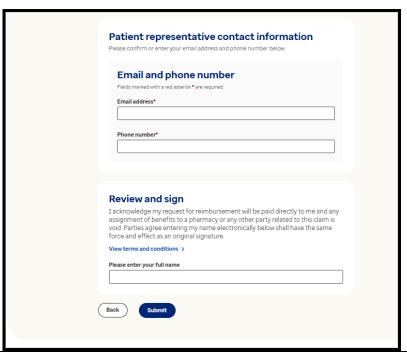
 ● Mailing address and signature
 Mailing address and signature Enter a mailing address Please choose the mailing address you'd like your claim reimbursement sent to, should it be accepted. If filing on behalf of a patient as a legal representative or custodial guardian, please enter the patient's address. Add a new address

Street address*

+ Apt, Ste, or unit number

Step 9:

Enter the patient representive contact information. If you do not have a patient representative filing on your behalf, you would enter your email and phone number as required. Once completed click "submit".



Step 10:

Once submitted you will receive a confirmation number.



Click here to move to the top of the guide

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