

# Mount Spurr Volcano Resource Guide

*March 2025*

## Local Resources

### **Alaska Volcano Observatory**

The Alaska Volcano Observatory (AVO) monitors and studies Alaska's volcanoes to forecast and record eruptive activity and mitigate volcanic hazards. The AVO provides updates on current activity, local webcams, maps, and tips on how to prepare for an eruption.

Additionally, the AVO provides an ashfall and ash cloud forecast with predicted trajectory models of how fast ash particles will be transported in the atmosphere, how ash will interact with wind, and where ash will fallout and accumulate on the ground.

The AVO has been monitoring the continued unrest at Mount Spurr and reports that levels of seismic activity and volcanic earthquakes have elevated over the past few days. As of March 21, 2025, Mt. Spurr volcano's alert-status is currently set as an advisory, meaning the volcano is exhibiting signs of elevated unrest above known background level, with color-code yellow. In the event of a change in advisory from yellow to orange or from orange to red – the AVO will send out an alert on its website and notify its various community partners, like city and state emergency officials. You can sign up for alerts from the observatory [here](#).

- Website: <https://avo.alaska.edu/volcano/spurr>
- Volcano alert-levels: <https://avo.alaska.edu/volcano/alertLevels>
- Ashfall and ash cloud forecast: <https://avo.alaska.edu/volcano/spurr/ash3d>

### **The Anchorage Office of Emergency Management (OEM)**

The OEM plans, coordinates and supports activities that help prepare for, respond to, and recover from large-scale emergencies, while reducing the impacts of hazards. The OEM has a personal emergency preparedness informational page – click [here](#) to view. During an active emergency the OEM will provide updates [here](#). Find more information regarding emergency plans and supplies [here](#) – you can select articles in your preferred language.

- Website: <https://www.muni.org/Departments/OEM/Pages/default.aspx>

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- Click [here](#) to sign-up to receive emergency alerts. You may also sign-up by texting ANCHORAGE to 67283

### **Matanuska Electric Association (MEA)**

According to the MEA website, “MEA does not preemptively shut off power, but volcanic ash can cause electrical issues. If ash accumulation threatens power lines, outages may occur. MEA will work to restore power as safely and quickly as possible.”

Should the power go out, MEA advises residents to report outages using their online portal, [SmartHub](#), or calling the outage line at 907-746-7697.

MEA has an informational page with tips on what to do if Mt. Spurr erupts. Click [here](#) to view the webpage. Click [here](#) to view the MEA’s power outage page, including the MEA outage map.

- Website: <https://www.mea.coop/>

### **211 United Way of Alaska**

2-1-1 operates nationwide and connects callers to human service information. This service operates 24 hours a day, seven days a week, even during disasters. Information and resources may be provided for a variety of needs including shelter, cell phone power stations, rent/utility assistance, and disaster response programs. Dial 211 from your cellphone to speak with a trained information and referral specialist. Calls are routed to service centers based on your geographic location. You may also search online for resources or find the local number for your local 211 service center by visiting their website [here](#).

- Phone: 211 or 907-452-7211/ toll-free 1-800-478-2221

### **American Red Cross of Alaska**

The American Red Cross is one member of the local, state, and federal disaster response community. During a disaster, the Red Cross provides shelter, food, emotional support, health services, clean-up supplies and comfort items. To find your local Red Cross, visit the American Red Cross website [here](#). View the Volcano Preparedness guide [here](#).

- Address: Fairbanks Office Far North and Interior Service Center 3501 Lathrop Street, Unit #G, Fairbanks, AK 99701

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- Phone: 1-907-456-5937

To find open shelters via the American Red Cross please visit their website [here](#).

Their Safe and Well website provides a central location for people in disaster areas to register their status, and for their loved ones to access that information. Visit the Safe and Well website [here](#).

### **Consumer Services at the Alaska Division of Insurance**

If you experience an insurance related claims handling issue after a disaster, residents are encouraged to contact Consumer Services at the Alaska Division of Insurance with concerns. Consumers can file a complaint [here](#). Additionally, the Division of Insurance has information regarding [disaster preparedness](#), including a [post-disaster claims guide](#), information for [business owners](#), and other preparedness and recovery resources.

- Phone: 907-269-7900
- Website:  
<https://www.commerce.alaska.gov/web/ins/Consumers/DisasterPreparedness.aspx>

### **Air Quality Resources**

AirNow, in partnership with the Environmental Protection Agency and The U.S. Forest Services, offers a current air quality map. Volcanic ash and gases may lead to decreased air quality. Click [here](#) to view information on current air quality.

### **The International Volcanic Health Hazard Network**

The International Volcanic Health Hazard Network has a guidebook for preparedness before, during and after an ashfall. Click [here](#) to view. An additional guidebook regarding the health hazards of volcanic ash can be found [here](#).

### **Additional Resources**

- Click [here](#) and [here](#) to view the OEM's guide to volcanic ash.
- Click [here](#) for a child friendly guide to understanding volcanic ash.

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- The Insurance Information Institute has an informational guide regarding volcanic eruption coverage. Click [here](#) to view.

## Disaster & Recovery Resources

### **Ready.Gov**

Ready.gov is a national public service campaign designed to educate and empower Americans to prepare, respond and mitigate emergencies including natural and man-made disasters. For preparedness resources and information on staying safe during and after an volcanic eruption, visit their website [here](#).

- Emergency Alerts: Alerts may be sent directly to your cell phone via text, phone call, or email. Click [here](#) to learn about the various forms of emergency alerts available.

### **Federal Emergency Management Agency (FEMA)**

Visit the FEMA website for information [here](#).

Find open shelters near you by texting SHELTER and your zip code to 4FEMA (43362).  
Example: Shelter 01234 (standard text message rates apply)

To Register for FEMA Disaster Assistance:

Online: [www.disasterassistance.gov](http://www.disasterassistance.gov)

Phone: 800-621-3362, TTY 800-462-7585

Please note, your area must first officially be declared a disaster area before FEMA can get involved.

FEMA tips on how to find short term and long term housing after a disaster can be found [here](#).

### **Disaster Assistance**

DisasterAssistance.gov is a website that helps people apply for and receive federal assistance after a disaster. It also provides information and support to help with recovery following disasters including volcanoes, earthquakes, storms, hurricanes, floods, or other natural disasters. Visit the website [here](#). The website has information on federal, state and local supports, grants and government assistance, community resources, help for [veterans](#) and individuals with [disabilities](#), [housing](#) and financial assistance; and more.

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### **Veteran Affairs (VA) Home Loans - After a Disaster:**

If you need help making your mortgage payment after a disaster, VA can help in the following ways:

- Ask loan holders to put a 90-day freeze on foreclosure.
- Encourage holders to waive late charges.

VA may also be able to work with your servicers or loan holder to apply pre-payments already made to your upcoming payment. Click [here](#) for more information or call the VA at 844-698-2411.

### **HUD Disaster Relief Options for FHA Homeowners**

The U.S. Department of Housing and Urban Development (HUD) offers relief assistance for homeowners with a mortgage insured by the Federal Housing Administration (FHA). If your home or your ability to make your mortgage payments is impacted by a Presidentially Declared Major Disaster Area (PDMDA), you may qualify for relief assistance to help you keep your home. Click [here](#) and [here](#) for more information from HUD or connect with a HUD-participating housing counseling agency by calling 800-569-4287.

### **U.S. Small Business Administration**

The Small Business Administration (SBA) loans money to homeowners and renters whose homes were damaged in a disaster. You may be eligible even if you do not own a business. To qualify for an SBA home loan your home must be in a presidentially declared disaster area, the loan must be for your primary home, and the loan cannot duplicate benefits from insurance policies or benefit programs. Before applying for an SBA disaster loan, you must register with FEMA. Visit the SBA website [here](#) to learn more.

### **Department of Insurance:**

The Department of Insurance plays a critical role in assisting individuals and businesses after a natural disaster by providing resources and support to help navigate the insurance claims process and ensure fair treatment by insurance companies.

The [National Association of Insurance Commissioners](#) provides contact information for insurance departments by state, in addition to offering information on navigating natural disasters. Click [here](#) for a list of departments by state and click [here](#) for information on navigating natural disasters.

### National Mental Health Resources

#### **SAMHSA's Disaster Distress Helpline**

This helpline, through the Substance Abuse and Mental Health Services Administration (SAMHSA), can provide immediate crisis counseling to anyone who is experiencing emotional distress related to any natural or human-caused disaster. The help line is available 24 hours a day, 7 days a week at (800) 985-5990. You can also reach out via text message by texting "TalkWithUs" to 66746. You can find more information online [here](#). Click [here](#) for SAMHSA's disaster behavioral health resources. Click [here](#) for SAMHSA's survivors of disasters resource portal.

#### **SAMHSA Behavioral Health Treatment Services Locator**

Visit the website [here](#).

The Behavioral Health Treatment Services Locator provides information and a search tool for behavioral health and substance abuse/addiction services in the United States and U.S. Territories. You can access the free and confidential treatment provider search tool using the link listed above. After completing the search criteria, you can view a list of treatment providers and detailed information about each provider.

You may also call (800) 662-4357 to receive free and confidential information about mental health and substance abuse treatment services in your area. This line is available 24 hours a day and 7 days a week.

#### **Veterans Crisis Line**

If you are a Veteran in crisis – or you're concerned about one – free, confidential support is available 24 hours a day, 7 days a week.

The Veterans Crisis Line is available by phone, text, or chat:

- Dial 988 then Press 1.
- Send a text to 838255.
- [Chat online](#)
- Support for deaf and hard of hearing: Call 1-800-799-4889

## *Community Resources*

### **National Center for PTSD:**

The National Center for PTSD (NCPTSD) offers many resources for survivors of natural disasters, including:

- [Self-Care After Disasters](#)
- [PTSD Coach App](#)

If seeking information on how to honor losses, practice helpful thinking, and build resilience, click [here](#). The NCPTSD also offers other resources, including information on practical help, such as food safety, medical care, and shelter, crisis counseling and skill-building, and Trauma-focused treatment. Visit the website [here](#) for more information.

### **9-8-8 Lifeline**

The 988 Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24/7, 365 days a year. 9-8-8 is trained to assist with disaster distress and offers resources and guidance for survivors.

- Dial or text: 9-8-8
- Online chat: <https://988lifeline.org/chat/>
- Click [here](#) to view the disaster resources page

### **The National Child Traumatic Stress Network**

The National Child Traumatic Stress Network has online resources for families, parents, and young children about coping with traumatic experiences and stressors, including natural disasters. For more information, please visit their website [here](#).

### **National Alliance on Mental Illness - NAMI**

NAMI is a non-profit organization that provides education, support, and advocacy for people affected by mental illness including support groups, peer-support, advocacy, and help navigating the mental health care system.

- Phone: 800-950-6246
- Text 'helpline' to 62640
- Chat online [here](#)
- Website: <https://www.nami.org/>

## Community Resources

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*This guide provides referrals to resources. It does not endorse or recommend the resource providers. While every effort is made to maintain current provider information, information may change without notice.*

## Resources For Living

The EAP is administered by Resources For Living, LLC. This material is for informational purposes only. Information is not a substitute for professional health care and is not meant to replace the advice of health care professionals. Contact a health care professional with any questions or concerns about specific health care needs.

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