



AlaskaCare Benefit Clarification

Benefit Title	Dental Frequencies	Group Number	10010458 & 10010459
Effective Date	January 1, 2014	Date Submitted	June 19, 2014

Applicable Benefit Plan (check all that apply):

- Active
 Retiree
 Long-Term Care
 Medical
 Dental
 Vision
 Audio
 Pharmacy
 Other

Description: Plan language imposes frequency limits based on once in any 6-month period for dental services such as exams, and cleanings. Scheduling exception was limited to a 2 week period on either side of targeted frequency date.

AlaskaCare Insurance Information Booklet Reference(s):

- **January 1, 2014 Amendment to 2003 Retiree Health Plan document:** Pages 19-25
- **January 1, 2014 AlaskaCare Employee Health Plan:** Pages 94-105

Decision: Allow frequencies based on two times per benefit year rather than 6-month period to allow for flexibility in scheduling. Additionally expand cleaning frequency as follows:

- up to 2 times per benefit year for most people;
- up to 3 times per benefit year for pregnancy;
- up to 4 times per benefit year for diabetes or periodontal disease;
- other exceptions when determined dentally necessary by Moda/Delta Dental.

Plan Administrator Approval:

Signature

Title

Deputy Commissioner
Department of Administration

Date

9/11/14

Comments:

This benefit clarification applies to the AlaskaCare Employee Health Plan effective January 1, 2014 and the AlaskaCare Retiree Health Plan as amended January 1, 2014.

A benefit clarification is one mechanism by which the Plan Administrator provides guidance to the Third Party Administrator (TPA) as to the proper adjudication of a specific provision of the AlaskaCare Health Plan(s). A benefit clarification does not amend the AlaskaCare Health Plan(s); rather, it provides clarification as to the Plan Administrator's intent with regard to a specific provision of the plan document. No covered person will have any vested interest in a benefit clarification. The Commissioner of Administration, as administrator of the AlaskaCare Health Plans, reserves the right, in his sole discretion, to alter, amend, delete, cancel or otherwise modify this benefit clarification at any time and from time to time, and to any extent that he deems advisable.