



## AlaskaCare Benefit Clarification

<b>Benefit Title</b>	Self-Injectable Medications	<b>Group Number</b>	866219-All
<b>Effective Date</b>	January 1, 2014	<b>Date Submitted</b>	

**Applicable Benefit Plan (check all that apply):**

- Active   
  Retiree   
  Long-Term Care  
 Medical   
  Dental   
  Vision   
  Audio   
  Pharmacy   
  Other

**Description:** Coverage for Injectable Medications that can be self-administered through the pharmacy benefit.

**AlaskaCare Insurance Information Booklet Reference(s):**

- AlaskaCare Employee Health Plan: Pages 77-80, 3.6.13 Pharmacy Benefit Exclusion (1)(19)(22); Page 83, 3.7 Medical Benefit Exclusions (16)
- AlaskaCare Retiree Insurance Information Booklet: Page 34, Prescription Drug Exclusions

**Decision:** Cover the following self-injectable medications under the pharmacy benefit: Testosterone; Cyanocobalamin (B12); Methotrexate; Depo-Estradiol and Dexamethasone.

**Plan Administrator Approval:**

Signature *Mike Benelli*   
 Title Deputy Commissioner   
 Date *8/19/14*  
 Department of Administration

**Comments:** These medications should continue to be covered under the medical benefits (versus pharmacy) when the medication is administered by any person acting within his or her capacity as a health care professional.

**This benefit clarification applies to the AlaskaCare Employee Health Plan effective January 1, 2014 and the AlaskaCare Retiree Health Plan as amended January 1, 2014.**

A benefit clarification is one mechanism by which the Plan Administrator provides guidance to the Third Party Administrator (TPA) as to the proper adjudication of a specific provision of the AlaskaCare Health Plan(s). A benefit clarification does not amend the AlaskaCare Health Plan(s); rather, it provides clarification as to the Plan Administrator's intent with regard to a specific provision of the plan document. No covered person will have any vested interest in a benefit clarification. The Commissioner of Administration, as administrator of the AlaskaCare Health Plans, reserves the right, in his sole discretion, to alter, amend, delete, cancel or otherwise modify this benefit clarification at any time and from time to time, and to any extent that he deems advisable.