

This Notice Applies to the:

- AlaskaCare Employee Health Plan
- AlaskaCare Retiree Health Plan

Notice date is January 1, 2026



Patient Protection Rights of the Affordable Care Act

Designation of a Primary Care Provider (PCP): The medical plans offered by the State of Alaska do not require the selection or designation of a primary care provider (PCP). You have the ability to visit any in-network (or non-network) health care provider; however, payment by the Plan may be less for the use of a non-network provider. To locate an in-network provider, visit Aetna's provider directory, DocFind®, at aetna.com/docfind/custom/alaskacare.

Direct Access to OB/GYN Providers: You do not need prior authorization (pre-approval) from the State of Alaska or from any other person (including a primary care provider) in order to obtain access to obstetrical or gynecological (OB/GYN) care from an in-network health care professional who specializes in obstetrics or gynecology. The health care professional, however, may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a pre-approved treatment plan, or procedures for making referrals. For a list of participating health care professionals who specialize in obstetrics or gynecology, contact the Aetna's Concierge at (855) 784-8646.