

Retiree Health Plan Advisory Board (RHPAB) Public Comments for calendar year 2022

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RHPAB Public Comment for December 2022

From: Beth Diet

Sent: Sunday, December 25, 2022 3:48 PM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: Silver Sneakers

Dear Board Members

I am again asking you to consider including the silver sneakers option with the Alaska Care retirement program. Almost everyone I know has it on their retirement option but for some reason, unknown to me, Alaska Care refuses to include it.

In addition to helping ease a financial burden by having to buy memberships, having the option of Silver Sneakers, or similar programs, is a huge health benefit thereby decreasing health issues and medical costs.

I hope this letter is included in any communication to members so we know we have support amongst our peers. I have no idea what is talked about during the meeting as I am usually unable to participate and I do not receive any feedback from the board regarding my suggestion and why it is not being considered or implemented.

Your attention to this request is appreciated

Regards Mary Beth Diethelm



Retired Public Employees of Alaska, APEA/AFT

8005 Schoon Street, Anchorage, Alaska 99518 PO Box 110650, Anchorage, Alaska 99511-0650

Phone: (907) 274-1703 Email: manager@rpea-ak.org Web site: rpea-ak.org

December 20, 2022

Betsy Wood Acting Chief Health Administrator Division of Retirement and Benefits P. O. Box 110203 Juneau, AK 99811-0203

Judy Salo, Chair Retiree Health Plan Advisory Board P. O. Box 110203 Juneau, AK 99811-0203

Dear Ms. Wood and Ms. Salo:

The Executive Board of the Retired Public Employees of Alaska (RPEA) understands that the Modernization Subcommittee of the Retiree Health Plan Advisory Board (RHPAB) will meet in January to discuss prioritization of the many Plan modernization topics that the Division of Retirement and Benefits (Division or DRB) has introduced since 2020.

As the Division and the RHPAB together with its Modernization Subcommittee undertake the work of establishing priorities, the RPEA respectfully submits the following requests for topics that it believes should be addressed as a part of any discussion around updating retiree health Plan benefits, to be prioritized along with those topics already identified by the DRB:

1. Plan Booklet Review

The RPEA believes that a wholistic review and redraft of the Plan booklet is in order, to coordinate the many amendments since 2003 and to integrate all terms consistently within the entire document.

2. Plan Booklet Section 3.1.7 Effect of Medicare

The process for administering benefits for retirees who are over 65 but ineligible for Medicare Part A is not well-addressed in the Plan. Aetna does not list in-network providers to serve this group. This population deserves to know from the language of the Plan how network rules apply to them. For example, these members are not held harmless when network providers fail to request precertification, which is contrary to the Plan and not explained anywhere in previous booklets or the 2023 draft.

Page Two RPEA Letter to the DRB and RHPAB December 20, 2022

RPEA also suggests, given the limited number of retirees in this special population, that the DRB assess whether paying for Medicare Part A coverage for this group wouldn't be as cost effective as the present way their benefits are being managed.

3. Plan Booklet Section 3.3.12 Rehabilitation Services

RPEA asks that the state assess the cost/benefit of adopting the Medicare standard for rehabilitative care. In an aging retiree population, rehabilitative care should not be based on the 'continuing improvement standard' in the present retiree health Plan. It stands to reason that elderly people who are unable to maintain balance and independent mobility would suffer health consequences that could be more expensive than providing maintenance rehabilitative care. It would be instructive to look at this question.

4. Plan Booklet Section 3.1.4. Recognized Charge

RPEA asks that DRB review the recognized charge. Deficient contributions to the FairHealth database for Alaska have resulted in the ongoing use of stale data.

Plan Booklet Section 3.3.18 Travel

RPEA asks that travel benefits be addressed globally. Members living in outlying areas may use travel benefits to access medical and surgical care. The RPEA firmly believes the present travel benefit is insufficient. For example, it does not cover travel associated with diagnostic services, services which are often as critical as treatment. Further, we do not believe that travel should require precertification, as it is not a medical service or supply. Finally, benefits must fund the lodging expense of an accompanying adult to assist the beneficiary with the logistics associated with medical and surgical experiences/treatments away from home.

In addition, for those rural Alaskans dependent on the Alaska Ferry System to access medical care, the travel benefit now covers ferry travel for the retiree only and does not also cover the cost of the member's vehicle. For example, when the Alaska State ferry drops members in Whittier or Valdez, travel from the ferry dock to the nearest medical care facility/office requires a vehicle.

Plan Booklet Section 3.3.20 Medical Treatment of Mouth, Jaws, and Teeth
 RPEA joins with others who have recommended adding Orthodontia to the Plan when medically necessary for treatment of congenital abnormalities, such as cleft palate.

Page Three RPEA Letter to the DRB and RHPAB December 20, 2022

7. Dental, Vision, Audio Plan

RPEA seeks a wholistic review and assessment (modernization) of the DVA Plan. The dental, vision, and audio services and supply landscape has changed considerably since the inception of this Plan. For example, hearing aids are now available over the counter, perhaps at a savings; progressive lenses are regularly prescribed but not covered; there is no network for vision or audio providers; etc.

In closing, the RPEA thanks the Division and the RHPAB and its members for considering these suggestions. We look forward to working collaboratively to assure Plan changes keep step with the ever-changing nature of the health / medical care field while also mindful of the limits of our health trust, which at least for the moment, appears not to be an issue.

Sincerely,

Randall P. Burns President

Retired Public Employees of Alaska

cc: RPEA Executive Board

RPEA Membership

From: Patrick Kelliher

Sent: Tuesday, December 13, 2022 6:31 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: Travel pre-cert paid at 80%

I am writing in regard to Aetna's travel reimbursement policy. I am retired, Tier 1, PERS. We live in Nome and I received preauthorization for travel to Anchorage I substitute I submitted the claim for travel reimbursement and received payment at 80%. After a few phone calls and research I received Aetna's final decline for the additional 20% for travel. At no time during pre-certification and services was I advised that "pre-certified" travel would be paid at 80% unless deductibles and Out of Pocket expenses had been met.

I requested but have not received any documentation that specifically states travel is covered as a medical procedure, therefore; paid at 80%. As far as I can tell; Pre-certified travel reimbursement policy is implied as medical but no where have I found it absolutely written.

Travel should be covered as a specific category, TRAVEL, not as a medical procedure.

Had I been advised during the pre-certification procedure I would have had a couple options:

1. I could have wasted time and money starting in January to be certain all deductibles and out of pocket expenses were satisfied. Hmmm, that makes sense..not! This option would cost everyone money just so travel is covered at 100%.

2. I could have used my miles and paid \$12 round trip and been money ahead. Aetna would not even give my \$12 back if I fully understand the pre-cert requirements. What if I had to travel to some other specialty clinic; a \$2000 airfare @ 80%. Big out of pocket expense for insured individuals. Oh, wait: Out of Pocket expenses met; oops, sorry, too late. Insurance is for us, the customer, not Corporations to increase profits. Profit is why they insure us but serve the people, also. Fix the system, serve the people. In this specific case I am not really concerned about my \$ it is the principle and may even dissuade some from seeking health care; leading to higher long term costs or severe sickness. Airfare is a prepaid expense and can be reimbursed quickly after the claim is filed; medical costs can be paid over time with less financial burden.
Thank you for listening. Respectfully,
Patrick Kelliher
RHPAB Public Comment for November 2022
From: Colleen Sent: Thursday, November 3, 2022 8:10 AM To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) alaskarhpab@alaska.gov
To our dear overworked staff at the division of retirement and benefits,
I am a retired ASD teacher, my name is Colleen Hildebrandt. Recently I heard that you are considering adding preventative

2 1/2 years ago I had to stop my exercise routines I was stuck in a revolving door of doctors and treatments trying to find a solution. I happened upon a friend who referred me to an acupuncturist. Within a very short time he had me running again and feeling better than I have for years.

acupuncture as a treatment that insurance may cover. I wanted to add my voice to those who would have deep appreciation

At first the visits were weekly, but as the months went by they became less often and now I go every 4–5 weeks which maintains my health perfectly. I am 66 doing my workout and mountain hike daily, my labs look great—I owe it to acupuncture. Yes I know it was the acupuncture because I tried several other methods before this and none of them were successful.

I'm sure there are several others like me who just haven't heard that we can add our voices to the growing number of people who would request your consideration of adding acupuncture to what I'm sure is a long list of things covered by insurance. If I find them I'll encourage them to write to you.

Thank you for considering my request. I'm not sure who to direct this request to, because it is my understanding that Ms. Emily Ricci is leaving, but I believe Ms. Betsy Wood will be the new Chief Health Administrator. If you need any further information from me please don't hesitate to contact me.

Sincerely, Colleen Hildebrandt

for such an action.

From: Milchael Schuldiner

Sent: Wednesday, November 2, 2022 5:40 AM To: Desai, Ajay (DOA) ajay.desai@alaska.gov

Subject: Retiree Benefits

Dear Mr. Desai,

I retired from the University of Alaska in 2008 and I am receiving a pension from the Alaska STRS. I've recently discovered that my retired friends who have Aetna health insurance through their retiree benefits plans also get free gym memberships called Silver Sneakers. I also recently learned that our Aetna plan is the exception because it does not provide for gym membership at all. Needless to say, exercise is a very important preventative component to anyone's health. I urge you to consider making Silver Sneakers or some other gym membership program (not an online or self-help program) available to those of us who receive our health benefits through Alaska DRNB.

Yours, Michael Schuldiner

RHPAB Public Comment for October 2022

From: Gary Newman

Sent: Thursday, October 20, 2022 10:45 AM

To: DOA DRB Townhall (DOA sponsored) doa.drb.townhall@alaska.gov

Subject: Suggestion on travel reimbursement

DRB,

With pre-authorization, travel out of town/state for medical care can be approved.

Travel reimbursement is the cost of coach fare if traveling by air. For example, the coach class FAI-ANC is typically \$139 one way. However if traveling by ground greater than 100 miles, I was informed that the reimbursement maximum is \$31 one way. That seems inequitable.

My example would be a drive from Fairbanks to Anchorage and back. That is 360 miles one way. If the intent is to reimburse actual expense just for gas, wouldn't actual cost be appropriate as long as it isn't greater than the coach fare amount? I was informed that meals and stays in between the travel would also be covered, but that seems unlikely considering the \$31 limit overall.

I'm asking that the surface transportation policy be reviewed. Thank you,
Gary Newman

From: CAROLYN ALLEN

Sent: Thursday, October 20, 2022 3:46 PM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: Transcarent Virtual Physical Therapy

Greetings,

My name is Carolyn L. Allen. I am an Alaska Care Retiree (retired from the MSBSD in 2018).

I was at the recent Health Fair held in the Mat-Su where I came across a booth from The Pacific Health Coalition and their program titled Transcarent Virtual Physical Therapy. In following up with the flyer I came home with, I visited their website and could not find information for Alaska Care Retirees. I contacted Transcarent to question them on my potential benefit

with them. The young man I spoke with was very kind and very thorough (even inquiring with his supervisor) as to what my options were. There wasn't anything in their system covering Alaska Care Retirees. There is Transcarent coverage for active Alaska State employees!

I searched quite a few websites within DRB - Alaska Care Retirees and could not find anything myself. I then contacted DRB and, again, was glad to speak with another very kind and very thorough young man who confirmed that there was not coverage for Transcarent Virtual Physical Therapy for Alaska Care Retirees.

This program would be the perfect follow-up for me. I went through six weeks of in-person physical therapy and that was it. I am very active but am still having issues to get started, all the equipment is at their facility, but it is only 45 minutes twice a week, hardly enough to make even a close to full recovery.

I would like to see this program be offered for Alaska Care Retirees.

Please let me know if this is in the works.

Thank you. Carolyn L. Allen

RHPAB Public Comment for September 2022

From: Debra Fitzgerald

Sent: Tuesday, September 27, 2022 9:34 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: Hinge App

Hello,

First off, I'd like to thank you for another well-organized Health Fair. We appreciate this benefit every year.

I was at the Hinge App table during the fair learning about this program. I thought this is precisely what the older body needs as we lose muscle and cartilage around our joints. I was disappointed to hear, this benefit was only for active employees. I urge you to work to add the Hinge program to the retirees' benefits package. We need this program and have the time to stick to the routines.

Thank you, Debra Fitzgerald

Retiree

From: Wendy Woolf

Sent: Thursday, September 22, 2022 8:56 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: Comments on Proposed Changes to the AlaskaCare Retiree Health Plan

Dear RHPAB Members,

Below are some comments regarding the two DRB proposals under consideration at the RHPAB meeting next week. Some of my questions may have been answered at the last Modernization Subcommittee meeting; however, I was unable to attend that meeting.

GCIT Network Benefits

I don't object to creating the Gene Therapy network; however, implementing Optum's Medical Benefit Specialty Vigilant Drug Program Exclusion List is a concern. If I am reading the proposal correctly, the 20 drugs currently on Optum's Specialty Vigilant Drug List will no longer be covered under the pharmacy plan, and instead will be covered under Aetna's medical plan. By moving these 20 drugs to the medical plan, they will be counted against a retiree's \$2M lifetime maximum. Only 3 of the

drugs on this list are part of the Gene Therapy Network, so only those 3 drugs will be exempt from the lifetime maximum. Of the remaining 17 drugs, 6 of those drugs are covered under Medicare Part D, so it appears those drugs will continue to be covered under the pharmacy plan. However, that leaves 11 drugs that may have been covered under pharmacy plan to only be covered under the medical plan, the majority of which are used for adult patients. These are expensive drugs and will impact retirees lifetime maximum. I recommend excluding all of the drugs Optum's Medical Benefit Specialty Vigilant Drug Program List from counting against a retiree's \$2M lifetime maximum.

Note: There appears to be a typographical note in the proposal itself, the added text in red on page 4 left "Vigilant" out of the Specialty drug list name in lines 1 and 4.

Precertification Penalty Removal

I support removing the precertification penalties; however, I have a couple questions. Why are travel benefits being capped at \$500 if a member does not pre-certify their travel? If a member travels for a covered procedure, shouldn't they be entitled to their full travel benefit? I understand part of the reason to continue requiring precertification is to educate members on what services qualify for travel benefits; but capping the travel for a covered procedures is punitive.

Including travel precertification in the same list a medical precertification is confusing. The proposal should be clear that in all cases, travel precertification is required, not just for those medical procedures that require precertification. It should also be clear in the proposal that the retiree is responsible for pre-certifying travel, regardless of whether it is for a network or nonnetwork provided procedure. This is not clear in the proposal and retirees need to understand that a network provider is not responsible for pre-certifying their travel.

The statement at the top of page 7 of the proposal is confusing and unnecessary. It does not matter that the Aetna standard does not require precertification for travel; it is a requirement of the AlaskaCare plan that is separate from the precertification list in the booklet. The proposal should clearly differentiate between precertification for a medical procedure, where AlaskaCare will adopt Aetna's list, and the precertification for all travel.

If part of the justification for removing the precertification penalty is to adopt Aetna's precertification list, and Aetna does not require precertification for travel, why are we imposing it on retirees? I think this will still be confusing to retirees; when is precertification required for travel – in all cases for any covered procedure, or only those procedures that require precertification for the procedure itself? For a procedure that requires precertification and that requires travel, will travel be addressed at the same time the procedure is reviewed for precertification?

It appears the precertification list in the proposal includes 13 additional procedures and only removes 7 procedures that are currently on the AlaskaCare precertification list. If there is a new third-party administrator (TPA), will the precertification list change to be the new TPA's precertification list? How will retirees be notified when a new list is implemented?

What is the process for having a procedure pre-certified? If this proposal is adopted, there will be more procedures requiring prepartification and retiree's may object just because the list is longer. It would halp if retirees are given

precertification and retiree's may object just because the list is longer. It would help if retirees are given a clear
understanding of how precertification works, how long it takes, who is responsible for ensuring it is done, and why it may
help protect retirees.

Best regards,		
Wendy Woolf		
PERS Retiree		

From: Beth Diet

Thank you for considering my input and questions.

Sent: Thursday, September 22, 2022 6:12 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: Retiree Plan Benefits

Dear Plan Advisory Board Members:

I am writing to strongly request the Alaska Retirement Plan add Silver Sneakers to the plan.

Now that I am not working I looked for ways to stay active. I have found activities within several different gyms but also found that I need to pay \$4, \$5 and \$8 each time I use them. Those were last year's costs and may go up this year for facility use. This adds up with usage daily, weekly and monthly. I asked if there are discounts for those that are retired. All facilities have said I should use Silver Sneakers and then I would get in free.

Since I am with the Alaska Retirement Plan, I am not eligible for the advantage plus programs that offer Silver Sneakers. Having this become available to all retirees on the plan would be a huge savings with our now limited budget. For myself, I am guessing the savings would be near \$700-\$800 and that is only based on six months.

Please advocate for Silver Sneakers to become part of the retirement plan for your members. It is very important to enable us to stay active and healthy.

Thank you for your time and consideration, Mary Beth Diethelm

RHPAB Public Comment for August 2022 - None

RHPAB Public Comment for July 2022

From: martyw

Sent: Thursday, July 21, 2022 11:17 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: FW: Medicare and GPs

To: Alaska Retiree Health Plan Advisory Board

Now that I am over 65, Medicare is my primary insurance, and as a result, my access to General Practitioners, including my long-time GP, has become severely restricted. Many GPs in Anchorage do not accept Medicare, even for clients with secondary insurance. The only options are to pay the full cost out-of-pocket or to find one of the rare GPs that does accept Medicare and does not have a waiting list. GPs are a key part of health care as we age, and have an important role in helping to recommend and review care from specialists and ensure that care is coordinated. It is ironic that the current system makes access to good GPs very limited.

I am interested in knowing whether and how the Retiree Health Board and other players in this system are addressing this issue to close a gaping hole in health care for retirees.

Thank you.

Sent: Wednesday, July 20, 2022 5:38 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Cc: Jones, Alysia D (DOR) <alysia.jones@alaska.gov>

Subject: CRIMINAL PROSECUTION

From: William D. Webster

Sent: Friday, July 15, 2022 8:52 PM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov> Cc: AST Directors Office, DPS (DPS sponsored) <DPS.AST.DIRECTORS.OFFICE@alaska.gov> Subject: DENIAL OF MEDICAL TREATMENT FOR SENIOR CITIZEN/VETERAN

From: William D. Webster

Sent: Thursday, July 14, 2022 5:23 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Cc: Jones, Alysia D (DOR) <alysia.jones@alaska.gov>

Subject: Fwd: ATTN: Capt ROBERTS, Ombudsman Grievance 2022-06-1020

Reply and reality check for the Alaska Ombudsman's Office.

From: William D. Webster

Sent: Monday, July 11, 2022 8:07 PM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Cc: Jones, Alysia D (DOR) <alysia.jones@alaska.gov>

Subject: CRIMINAL INTENT

From: William D. Webster

Sent: Sunday, July 10, 2022 7:08 PM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Cc: Jones, Alysia D (DOR) <alysia.jones@alaska.gov>

Subject: Fwd: JULY 08, 2022, Request for Medical Treatment/ Illegal Denial of Medical Treatment/ Attempted Murder of

William D. Webster by Steve Ramos(Alaskacare) and Andrew Robsion(Aetna)

From: William D. Webster

Sent: Sunday, July 10, 2022 6:41 PM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Cc: Jones, Alysia D (DOR) <alysia.jones@alaska.gov>

Subject: Fwd: JULY 11, 2022, Request for Medical Treatment/ Illegal Denial of Medical Treatment/ Attempted Murder of

William D. Webster by Steve Ramos(Alaskacare) and Andrew Robsion(Aetna)

Sent: Friday, July 8, 2022 9:37 PM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Cc: Jones, Alysia D (DOR) <alysia.jones@alaska.gov>

Subject: Fwd: JURISDICTION ON CRIMES COMMITTED BY STEVE RAMOS(ALASKACARE) AND ANDREW ROBISON WHILE IN THE

STATE OF ALASKA AND/OR AMAREICA

From: William D. Webster

Sent: Friday, July 8, 2022 8:27 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: Fwd: MORE LIES BY STEVE RAMOS(ALASKACARE) MARCH 3, 2022

From: William D. Webster

Sent: Friday, July 8, 2022 6:53 AM

To: Eastman, David C (LEG) < representative.david.eastman@akleg.gov>

Cc: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: Fwd: JULY 08, 2022, Request for Medical Treatment/ Illegal Denial of Medical Treatment/ Attempted Murder of

William D. Webster by Steve Ramos(Alaskacare) and Andrew Robsion(Aetna)

From: William D. Webster

Sent: Friday, July 8, 2022 6:52 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Cc: Jones, Alysia D (DOR) <alysia.jones@alaska.gov>

Subject: Fwd: JULY 08, 2022, Request for Medical Treatment/ Illegal Denial of Medical Treatment/ Attempted Murder of

William D. Webster by Steve Ramos(Alaskacare) and Andrew Robsion(Aetna)

From: William D. Webster

Sent: Friday, July 8, 2022 6:41 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Cc: Jones, Alysia D (DOR) <alysia.jones@alaska.gov>

Subject: Fwd: JULY 8, 2022 VIOLATION OF CIVIL RIGHTS/STEVE RAMOS ILLEGALLY WITHHOLDING MEDICAL TREAT FOR

WILLIAM D WEBSTER JAN ,2019/ATTEMPTED MURDER/ADA COMPLAINT

From: William D. Webster

Sent: Thursday, July 7, 2022 7:29 PM

To: Vrana, Paula R (DOA) <paula.vrana@alaska.gov>

Cc: Eastman, David C (LEG) <representative.david.eastman@akleg.gov> **Subject:** Fwd: ATTEMPTED MURDER/ADA COMPLAINT ON THE WAY

Sent to Alaska State Troopers.

From: William D. Webster

Sent: Wednesday, July 6, 2022 7:23 PM

To: Wittmer, Brent R (DOA) brent.wittmer@alaska.gov

Cc: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: Fwd: VIOLATION OF CIVIL RIGHTS/STEVE RAMOS ILLEGALLY WITHHOLDING MEDICAL TREAT FOR WILLIAM D WEBSTER JAN ,2019/ATTEMPTED MURDER/ADA COMPLAINT

From: William D. Webster

Sent: Tuesday, July 5, 2022 9:17 PM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Cc: General, Attorney (LAW sponsored) <attorney.general@alaska.gov>

Subject: VIOLATION OF CIVIL RIGHTS/STEVE RAMOS ILLEGALLY WITHHOLDING MEDICAL TREAT FOR WILLIAM D WEBSTER

JAN ,2019/ATTEMPTED MURDER/ADA COMPLAINT

From: William D. Webster

Sent: Tuesday, July 5, 2022 7:18 PM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Cc: Wittmer, Brent R (DOA) brent.wittmer@alaska.gov

Subject: STEVE RAMOS ILLEGALLY WITHHOLDING MEDICAL TREAT FOR WILLIAM D WEBSTER JAN, 2019/ATTEMPTED

MURDER/ADA COMPLAINT

From: William D. Webster

Sent: Tuesday, July 5, 2022 7:10 PM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Cc: Jones, Alysia D (DOR) <alysia.jones@alaska.gov>

Subject: STEVE RAMOS ILLEGALLY WITHHOLDING MEDICAL TREAT FOR WILLIAM D WEBSTER JAN, 2019/ATTEMPTED

MURDER

From: William D. Webster

Sent: Monday, July 4, 2022 8:50 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Cc: Jones, Alysia D (DOR) <alysia.jones@alaska.gov>

Subject: JULY 05, 2022, Request for Medical Treatment/ Illegal Denial of Medical Treatment/ Attempted Murder of William D.

Webster by Steve Ramos(Alaskacare) and Andrew Robsion(Aetna)

From: William D. Webster

Sent: Monday, July 4, 2022 12:32 AM

To: Eastman, David C (LEG) < representative.david.eastman@akleg.gov>

Cc: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: AMENDED/AMERICANS WITH DISABILITIES ACT COMPLAINT/ATTEMPED MURDER OF WILLIAM D. WEBSTER BY

STEVE RAMOS(ALASKACARE) AND ANDREW ROBISON(AETNA)

From: William D. Webster

Sent: Sunday, July 3, 2022 4:37 PM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Cc: Jones, Alysia D (DOR) <alysia.jones@alaska.gov>

Subject: AS 36.30.880/ JULY 3,2022, 2022 NO URGENT MEDICAL TREATMENT FOR DISABILITIES BY ALASKACARE

SENIOR CITIZEN/VETERAN

Sent: Friday, July 1, 2022 8:08 PM

To: Vrana, Paula R (DOA) <paula.vrana@alaska.gov>

Cc: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: Fwd: INTENT TO MURDER!!!

From: William D. Webster

Sent: Friday, July 1, 2022 8:01 PM

To:

Cc: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: Fwd: INTENT TO MURDER!!!

RHPAB Public Comment for June 2022

From: William D. Webster

Sent: Thursday, June 30, 2022 6:50 PM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Cc: General, Attorney (LAW sponsored) <attorney.general@alaska.gov> **Subject:** Fwd: Crimes: To Marie Laroza Alaska State Ombudsmens's Office

From: William D. Webster

Sent: Thursday, June 30, 2022 4:38 PM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Cc: General, Attorney (LAW sponsored) <attorney.general@alaska.gov> **Subject:** Crimes: To Marie Laroza Alaska State Ombudsmens's Office

From: William D. Webster

Sent: Wednesday, June 29, 2022 9:05 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Cc: Commissioners Office, DOA (DOA sponsored) <doa.commissioner@alaska.gov>

Subject: AS 36.30.880/ JUNE 28, 2022 NO URGENT MEDICAL TREATMENT FOR DISABILITIES BY ALASKACARE FOR

SENIOR CITIZEN

From: William D. Webster

Sent: Tuesday, June 28, 2022 6:40 PM

To: Commissioners Office, DOA (DOA sponsored) <doa.commissioner@alaska.gov>

Cc: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: AS 36.30.880/ JUNE 28, 2022 NO URGENT MEDICAL TREATMENT FOR DISABILITIES BY ALASKACARE FOR

SENIOR CITIZEN

Sent: Tuesday, June 28, 2022 5:00 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: Appointments

From: William D. Webster

Sent: Tuesday, June 28, 2022 4:50 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: Fwd: Request for Medical Treatment/ Illegal Denial of Medical Treatment

From: William D. Webster

Sent: Tuesday, June 28, 2022 4:49 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>
Subject: MORE EVIDENCE!! Request for Medical Treatment/ Illegal Denial of Medical Treatment

From: William D. Webster

Sent: Tuesday, June 28, 2022 4:48 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: EVIDENCE OF STEVE RAMOS(ALASKACARE) AND ANDREW ROBISON(AETNA) LYING. DENYING TREATMENT OF

DISABILITIES AND VIOLATING THE AMERICANS WITH DISABILITIES ACT.

From: William D. Webster

Sent: Tuesday, June 28, 2022 4:47 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: Criminal Intent BY Steve Ramos(Alaskcare/Andrew Robison (Aetna)) Response to AlaskaCare Request for Guarantee

of Payment for Member Overseas

From: William D. Webster

Sent: Tuesday, June 28, 2022 4:45 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: 18 UNITED STATES CODE 1343 FRAUD BY WIRE, RADIO AND TELEVISION/42 USC 1985 CONSPIRACY TO INTERFERE

WITH CIVIL RIGHT/AMERICANS WITH DISABILITIES ACT

From: William D. Webster

Sent: Tuesday, June 28, 2022 4:46 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov> Subject: Solid Evidence of Criminal Intent BY Steve Ramos(Alaskcare)/Andrew Robison (Aetna)

From: William D. Webster

Sent: Tuesday, June 28, 2022 4:44 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: 18USC1347, 18USC 1346, 18USC 242, 18USC 241

Sent: Tuesday, June 28, 2022 4:43 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov> **Subject:** June 24, 2022, Request for Medical Treatment/ Illegal Denial of Medical Treatment

From: William D. Webster

Sent: Tuesday, June 28, 2022 4:42 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <a laskarhpab@alaska.gov>

Subject: Americans With Disability Act Complaint

From: William D. Webster

Sent: Tuesday, June 28, 2022 4:30 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: JUNE 28, 2022 NO URGENT MEDICAL TREATMENT FOR DISABILITIES BY ALASKACARE FOR

SENIOR

CITIZEN

From: William D. Webster

Sent: Monday, June 27, 2022 9:43 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Cc: Commissioners Office, DOA (DOA sponsored) <doa.commissioner@alaska.gov>

Subject: JUNE 28, 2022 NO URGENT MEDICAL TREATMENT FOR DISABILITIES BY ALASKACARE FOR

CITIZEN

From: William D. Webster

Sent: Saturday, June 25, 2022 1:59 PM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Cc: Commissioners Office, DOA (DOA sponsored) <doa.commissioner@alaska.gov>

Subject: JUNE 26, 2022 NO MEDICAL TREATMENT FOR DISABILITIES

From: William D. Webster

Sent: Friday, June 24, 2022 6:13 PM

To: Newman, David (DOA) <david.newman@alaska.gov>

Cc: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: JUNE 25, 2022, NO MEDICAL INSURANCE COVERAGE FROM STEVE RAMOS(ALASKACARE) AND ANDREW

ROBISON(AETNA), VIOLATION OF CIVIL RIGHTS

From: William D. Webster

Sent: Thursday, June 23, 2022 5:55 PM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <a laskarhpab@alaska.gov>

Cc: Commissioners Office, DOA (DOA sponsored) <doa.commissioner@alaska.gov>

Subject: : June 24, 2022, Request for Medical Treatment/ Illegal Denial of Medical Treatment

From: William D. Webster

Sent: Thursday, June 23, 2022 2:22 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Cc: Desai, Ajay (DOA) <ajay.desai@alaska.gov>

Subject: 18USC1347, 18USC 1346, 18USC 242, 18USC 241

From: William D. Webster

Sent: Wednesday, June 22, 2022 9:30 PM

To: Newman, David (DOA) <david.newman@alaska.gov>

Cc: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: Fwd: 18 UNITED STATES CODE 1343 FRAUD BY WIRE, RADIO AND TELEVISION/42 USC 1985 CONSPIRACY TO

INTERFERE WITH CIVIL RIGHT/AMERICANS WITH DISABILITIES ACT

From: William D. Webster

Sent: Wednesday, June 22, 2022 8:52 PM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov> **Cc:** Commissioners Office, DOA (DOA sponsored) <doa.commissioner@alaska.gov>

Subject: Solid Evidence of Criminal Intent BY Steve Ramos(Alaskcare)/Andrew Robison (Aetna)

From: William D. Webster

Sent: Wednesday, June 22, 2022 8:21 PM

To: Wittmer, Brent R (DOA) brent.wittmer@alaska.gov

Cc: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov> **Subject:** June 23, 2022, Request for Medical Treatment/ Illegal Denial of Medical Treatment

From: William D. Webster

Sent: Wednesday, June 22, 2022 8:10 PM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Cc: Commissioners Office, DOA (DOA sponsored) <doa.commissioner@alaska.gov> **Subject:** Evidence of Criminal Intent BY Steve Ramos(Alaskcare/Andrew Robison (Aetna))

From: William D. Webster

Sent: Tuesday, June 21, 2022 6:09 PM

To:

Cc: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov> Subject: June 22, 2022, Request for Medical Treatment/ Illegal Denial of Medical Treatment

From: William D. Webster

Sent: Tuesday, June 21, 2022 4:11 AM

To: Wittmer, Brent R (DOA) brent.wittmer@alaska.gov

Cc: Desai, Ajay (DOA) <ajay.desai@alaska.gov>

Subject: Request for Medical Treatment/ Illegal Denial of Medical Treatment

From: William D. Webster

Sent: Monday, June 20, 2022 6:58 PM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Cc: Commissioners Office, DOA (DOA sponsored) <doa.commissioner@alaska.gov>

Subject: EVIDENCE OF STEVE RAMOS(ALASKACARE) AND ANDREW ROBISON(AETNA) LYING. DENYING TREATMENT OF DISABILITIES AND VIOLATING THE AMERICANS WITH DISABILITIES ACT.

From: William D. Webster

Sent: Monday, June 20, 2022 1:26 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Cc: Commissioners Office, DOA (DOA sponsored) <doa.commissioner@alaska.gov>

Subject: MORE EVIDENCE!! Request for Medical Treatment/ Illegal Denial of Medical Treatment

From: William D. Webster

Sent: Monday, June 20, 2022 1:02 AM

To: Jones, Alysia D (DOR) <alysia.jones@alaska.gov>

Cc: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: Request for Medical Treatment/ Illegal Denial of Medical Treatment

From: William D. Webster

Sent: Saturday, June 18, 2022 6:15 PM

To: Member Svcs Contact Center Queue, DOA DRB (DOA sponsored) <doa.drb.MSCC@alaska.gov>

Cc: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: : The ADA LAW

From: William D. Webster

Sent: Monday, June 13, 2022 6:13 PM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Cc: Desai, Ajay (DOA) <ajay.desai@alaska.gov>
Subject: CIVIL RIGHTS ACT OF 1991 SECTION 109

42 UNITED STATES CODE SECTION 12111(4)

From: William D. Webster

Sent: Thursday, June 9, 2022 5:25 PM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: AS 39.30.330 ADMINISTRATOR/42 UNITED STATES CODE 1985 (3) CONSPIRACY TO INTERFERE WITH CIVIL RIGHT

From: William D. Webster

Sent: Wednesday, June 8, 2022 4:06 PM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Cc: Lieutenant Governor Kevin Meyer (GOV sponsored) < lt.governor@alaska.gov>

Subject: AS 39.30.330 ADMINISTRATOR/42 UNITED STATES CODE 1985 (3) CONSPIRACY TO INTERFERE WITH CIVIL RIGHT

From: William D. Webster

Sent: Monday, June 6, 2022 7:45 PM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Cc: Commissioners Office, DOA (DOA sponsored) <doa.commissioner@alaska.gov>

Subject: ADA Violation and 42 USC Conspiracy to Interfere with Civil Rights (3)

Sent: Wednesday, June 1, 2022 6:54 PM

To:

Cc: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: Sent to US JUstice Deptm Civilv Right Div, ADA Div/Department of Health and Human Services

William D. Webster

RHPAB Public Comment for May 2022

From: Kris Hutchin

Sent: Monday, May 23, 2022 7:23 PM

To: Ricci, Emily K (DOA) <emily.ricci@alaska.gov>; Alaska Retiree Health Plan Advisory Board (DOA sponsored)

<alaskarhpab@alaska.gov>;

Subject: RE: Response to Notice of Proposed Amendment to the DB Retiree AlaskaCare Plan posted March 26, 2022

Division of Retirement & Benefits, Emily Ricci, Chief Health Administrator, Retiree Health Plan Advisory Board (RHPAB), and Retired Public Employees of Alaska:

I have attached my comments regarding the "Proposed Amendment to the DB Retiree AlaskaCare Plan".

Thank you for your attention to these matters.

Regards.

Kris Hutchin

RE: Response to Notice of Proposed Amendment to the DB Retiree AlaskaCare Plan posted March 26, 2022 am submitting my responses and questions concerning the above referenced proposed amendment to the retiree AlaskaCare Health Plan. 1) I am against the internal polices of any Third Party Administer (TPA) that means potential diminishment or changes to plan benefits. It is the Retiree AlaskaCare Plan that who should have sole and primary oversight of plan benefits so as to avoid any diminishment of plan benefits. 2) We must stick to the original Retiree AlaskaCare Plan! I oppose allowing double deductibles! Reference the following: "DRB implemented a 'Plan Amendment', changing the wording in the plan to allow two deductibles to be charged. A plan amendment is something that changes the plan, either adding or changing it in some way". 4) I am against the prevention of any potential litigation where it is needed. 5) If these changes are to be implemented, then I would suggest that we have a "legacy" plan as the plan is now and a "revised" plan for which retirees may choose, similar to the Dental Plans offered. 5) It must be recognized that medical expertise is not always in Alaska. An example: I went to the Mayo Clinic in Rochester, MN The expertise I needed was not here in Alaska. Regards, Kris Hutchins From: John ahrens **Sent:** Friday, May 13, 2022 2:10 PM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: Fell threw the Cracks of the Retiree Health Care HELP!!

Attention Judy Salo.

My Name is Earl Ahrens.

I am a retired Correctional Officer from the State of Alaska.



The problem is Aetna has just started since 2019 approved oral implants (post only) not the full reconstructive portion. Delta Dental will only pay up to \$2000.00 per year and does not recognize implants of any kind.

I need help because Aetna along with Moda Dental do not regard Oral Prosthetics as a covered as necessary and are not covered and has some how come up with the idea that the oral cavity is not part of the Digestive System and is important enough to consider any kind of prosthetics of any kind. Regardless of the persons medical necessity.

Unless it is do to a accident. Then its covered. So I have been told y Aetna.

As you know Aetna along insurances pays for many different types of prosthesis regardless of injurie or old age or dieses. Such as hip replacement's and joints from fingers to knees.

Aetna is looking at my problem as a dental issue and and Moda is say sorry you only get \$2000 a year and what your talking about is not covered.

Aetna does not recognize a periodontist or

orthodontist and my Medical Doctor has written what he could.

I look forward to hearing from you. Kindest regards. Earl J. Ahrens

From: William D. Webster

To: hrc@alaska.gov Sent: Thu, May 5, 2022 7:19 am Subject: Re: AS 18.80.255(3)

Sirs, May 4, 2022

William D. Webster

From: William D. Webster

To: attorney.general@alaska.gov <attorney.general@alaska.gov>

Cc: attorney general@law.state.ak.us <attorney general@law.state.ak.us>

Sent: Wed, May 4, 2022 7:41 am Subject: Americans with Disabilities Acvt

Sirs,

RHPAB Public Comment for April 2022

From: William D. Webster

Sent: Saturday, April 30, 2022 11:23 AM

To: Ricci, Emily K (DOA) <emily.ricci@alaska.gov>

Cc: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: Fwd: The Skim.

William D. Webster

From: Gary Powell

Sent: Thursday, April 28, 2022 6:41 PM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov></alaskarhpab@alaska.gov>	
Subject: Insurance Claim denials Once again I or my spouse have been denied coverage on a claim that should have been or would have	e been covered
previously. This is now near the breaking point.	
These decisions are hitting me square in the pocketbook. I just received a denial of coverage roday (4)	
articulated as a medical necessity by my Wife's physician. My problem is that I am so overwhelmed wit medical paperwork that I can't get my thoughts together enough to enter comments on the record. I d	
muster the strength to appeal yet another denial by Aetna. I think they bank on us older folks being to	
anymore. This is not how deserving retirees should be treated.	
From: William D. Webster	
Sent: Tuesday, April 26, 2022 7:30 PM	
To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov></alaskarhpab@alaska.gov>	
Cc: Protection, Consumer (LAW sponsored) <consumerprotection@alaska.gov> Subject: FRAUD/CONTRACT FRUAD/AS36.30.880 REQUIRED GOOD FAITH/WIRE FRAUD/HONEST SERVI</consumerprotection@alaska.gov>	CES ERALID
Subject. Fraudy Contract Froady Asso. 30.800 Regulard Good Fattry wine Fraudy Honest Servin	SES FRAUD
To: Attorney General of the State of Alaska April 27, 2022	
From: William D. Webster	
Troni. William B. Webster	
William D. Webster	
From: William D. Webster Sent: Thursday, April 21, 2022 8:56 PM To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov> Cc: Subject: Fwd: Denial of medical coverage void contract To: Chief Procurement Officer State of Alaska William D. Webster</alaskarhpab@alaska.gov>	
From: Calloway, Virginia A Sent: Friday, April 8, 2022 1:04 PM To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov> Subject: Hinge Health</alaskarhpab@alaska.gov>	
Good afternoon – I am currently a member helpful. I love it as I can do the anytime I want. And more Importantly I can schedule not have to fight for time at an office when they have an opening. It has helped me tremendously. I recommend Hinge Health be added to the retirement health plan I will be on 5/1/2022.	t has been extremely when I have time and
Virginia Calloway Division of Employment and Training Services Department of Labor and Workforce Development	
From: William D. Webster	

Sent: Saturday, April 16, 2022 8:31 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: As 36.30.920 Reporting of Anticompetitive Practices

To,

Office of the Attorney General, State of Alaska.

William D. Webster

From: William D. Webster

Sent: Saturday, April 16, 2022 8:33 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: Fwd: LIES BY ANDREW RIBISON(AETNA) AND STEVE RAMOS(ALASKACARE/STATE OF ALASKA

From: William D. Webster

Sent: Saturday, April 16, 2022 8:41 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: NOT THE FIRST NOR LAST! Denial of Medical Treatment,

To:

From: William D. Webster

Sent: Saturday, April 16, 2022 8:40 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: NO ALASKACARE MEMBER SHOULD BE TREATED LIKE THIS!!!

William D. Webster April 16, 2022

From: William D. Webster

Sent: Saturday, April 16, 2022 8:46 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: LETTER FROM AETNA LEGAL COUNCEL

William D. Webster

From: William D. Webster

Sent: Sunday, April 17, 2022 6:42 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: Crimes/Conspiracy

To: Office of the Attorney General, State of Alaska

William D. Webster

From: William D. Webster

Sent: Sunday, April 17, 2022 6:43 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: As 36.30.920 Reporting of Anticompetitive Practices/ 18USC1346

William D. Webster

From: William D. Webster

Sent: Sunday, April 17, 2022 6:45 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Cc: Ramos, Steve P (DOA) <steve.ramos@alaska.gov>

Subject: Fwd: As 36.30.920 Reporting of Anticompetitive Practices

To: Ms. Ridle, April 17, 2022

William D. Webster

From: William D. Webster

Sent: Sunday, April 17, 2022 6:46 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>Subject: ALASKACARE EMPLOYEE CAUGHT IN LIE/IN CONSPIRACY WITH AETNA EMPLOYEE

William D. Webster

From: William D. Webster

Sent: Sunday, April 17, 2022 6:47 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: Fwd: NO ALASKACARE MEMBER SHOULD BE TREATED LIKE THIS!!!

William D. Webster April 16, 2022

From: William D. Webster

Sent: Wednesday, April 20, 2022 8:36 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Cc: newstips@adn.com

Subject: Sent to Office of Alaska Attorney General/as 36.30.920

RHPAB Public Comment for March 2022

From: carl berger

Sent: Wednesday, March 2, 2022 11:35 AM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>; Desai, Ajay (DOA)

<ajay.desai@alaska.gov>

Subject: Retirement Board meeting scheduled on 5/5/2022

I am a retired state employee seeking information about my current dental insurance plan and why the \$2,000 current coverage has not been increased in response to inflationary effects for many years. This has resulted in higher charges to my out of pocket expense annually.

If this situation is within the purview of the board's responsibility, what is your procedure to review this situation periodically?

Who are the current board members and what are their terms? Are the scheduled remote meetings open to the public for scheduled comment – persons to be heard? To listen only?

Please reply to this email. Carl Berger

From: KATHLEEN CLARKSON

Sent: Friday, February 18, 2022 11:42 AM (note: received by RHPAB email on 03/01/2022)

To: DOA DRB Townhall (DOA sponsored) < doa.drb.townhall@alaska.gov

Subject: supplemental monthly deduction questions and suggestions and masks

Dear committee

I have some concerns regarding supplemental deductions. Unless we live in AK, we have to pay upfront for vision and audio. I pay to begin. If we live outside AK, we have to pay upfront for these two services and then wait to get reimbursed. This issue continues and needs reviewing. We should be able to use our card or another card- not have to pay upfront. Also, we need to cover more on the vision program. Most retirees need more than what is covered. Many advantage plans give better coverage for vision. Also, why do we have chiropractic visits without acupuncture? It's obvious we are not keeping up with most advantage care plans in this area as well. Silver sneakers would be appreciated as well. They only pay the membership fee anyway, not the monthly fees, as I understand.

I hope you will consider reimbursing out of pocket purchases for masks-Kn95 and n95. Some of us still work and are required to have masks. Please help us out by reimbursing us least partially for these out of pocket costs. Thank you for your review of these issues. Kathleen Clarkson

RHPAB Public Comment for February 2022

From: KATHLEEN CLARKSON

Sent: Sunday, February 20, 2022 12:45 PM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov Subject: Concerns

Dear Committee members.

I am on the retiree plan. I live out of state. I pay for supplemental coverage and am on Medicare with Aetna coinsurance. These are my concerns.

- 1. Even though I pay around 70.00 a month for supplemental coverage for dental, vision and audio, I still have to pay up front for vision and audio fees and wait a month or more to get reimbursed. My understanding is that if we live in AK, retirees do not have to pay upfront for vision and audio. Also, the coverage for vision doesn't cover much and in many cases what people even need in terms of glasses coverage. I think you should review other advantage plans like blue cross and others to compare. Maybe we could opt out for audio and pay less monthly supplemental fees.
- 2. Coverage for chiropractic is very generous but there is no coverage for acupuncture. Why? We need this coverage. I've been talking about this for years and I see that several advantage care insurances cover acupuncture. Is there a reason for this?
- 3. Many of us still work. Having even partial coverage for n95 and kn95 masks would be so appreciated. Please consider this.
- 4. Please consider Silver Sneakers. I know I'd sign up if it were offered here. As far as I know, Silver Sneakers pays for initial upfront fees, not monthly fees. That isn't a huge investment for the program. Most advantage plans offer it.

Thank you for your review. Kathleen Clarkson

From: John Roxburgh

Sent: Thursday, February 17, 2022 1:01 PM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov

Cc: townhall@drb.alaska.gov

Subject: Dental plan benefits and the cost of living

Folks,

A member on today's Town Hall asked about whether and when the dental benefits might be increased to account for the high and ever-increasing cost of living here in Alaska. The host decided to interpret this question as being related to the \$2000 maximum benefit payable per plan year.

In my experience the problem with the dental benefit is not the MBP, but rather the UCR. It may be fine for you folks in Anchorage, with its big-city prices, but the usual, customary and reasonable charge for dental procedures (like fillings, for instance), as determined by the plan, are TOO LOW ... even for those of us who live here in Juneau. I shudder to think how much of a shortfall is being suffered by AlaskaCare members in smaller or rural communities.

I urge you to take another look at what providers need to charge for dental services here in Alaska, especially in areas outside of the Anchorage bowl.

Thanks for providing a generous and important suite of health benefits. Life in the US is not viable without it.

johnpr

From: Ron Woods

Sent: Thursday, February 17, 2022 12:04 PM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov Subject: Inflation Adjustment to Retiree Health Care Benefits

Dear Alaska Retiree Health Plan Advisory Board:

During a monthly townhall health care plan conference this morning, several retirees concerns about the whether the health plan has any process or plan in place to consider inflation adjustment to the plan limits on our health plan benefits (similar to what exists for monthly pensions for pension plan retirees.)

Of specific concern is the \$2,000 limit on dental expenses over and above preventive benefits and the \$2,000,000 lifetime limit on medical benefits. Retirees were advised by DRB to contact the advisory board to ensure these concerns are understood and considered.

Thank-you are your consideration and any feedback you can provide on the topic.

Respectfully, Ronald J. Woods

RHPAB Public Comment for January 2022 - None