



Retiree Health Plan Advisory Board (RHPAB)
Public Comments for calendar year 2024

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RHPAB Public Comment for February 2024

From: Rodny Schug

Sent: Saturday, February 24, 2024 5:16 PM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: Questions

Greetings,

Has there been any discussion about adding the Omega test to blood work completed during the next Pacific Coalition Health Fair?

Any news on increasing the dollar amount for audio plan benefits?

AUDIO PLAN HIGHLIGHTS

- The Audio Plan pays up to \$2,000 for each person in a covered rolling 36-month period.
- You pay no deductible under this plan.
- The Plan pays **80%** of the recognized charge for audio services.

Thank you,

Rod Schug

From: Lindsey Finney

Sent: Thursday, February 22, 2024 2:20 PM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: Acupuncture Treatment for Retirees

[REDACTED] I was excited to read in the PERS newsletter recently that AlaskaCare would begin covering acupuncture therapy in 2024. After contacting Aetna I was told that the acupuncture benefit is only for "active employees". This is incredibly disappointing and feels like retirees are being forgotten for this type of treatment. I've recently had to quit my treatments because of the cost and hope that retirees will be considered for coverage for acupuncture treatment. Thank you for your consideration in this matter.

Lindsey Finney

RHPAB Public Comment for January 2024

From: Susan Gilleland

Sent: Sunday, January 21, 2024 8:11 PM

To: Alaska Retiree Health Plan Advisory Board (DOA sponsored) <alaskarhpab@alaska.gov>

Subject: Accupuncture coverage

Dear Health Care Advisory Board Members,

I am an Anchorage Tier 1 retired teacher. When I was teaching, I started getting Accupuncture treatments and found it to be an excellent way to keep healthy. Our teacher insurance covered the treatments. When I retired in 2007 I was told that our retirement insurance would be equal to or better than the insurance coverage we had when I was teaching. Sadly, I found that Accupuncture treatments were not covered or the coverage was very limited. I am writing to request that Accupuncture treatments become part of any changes to our health coverage. Indeed, one of health newsletters ran an article about the benefits of Accupuncture. I remember reading that article and feeling puzzled about why it was included since we have no coverage for it. Thank you for considering this request. Please let me know if you have any information on this topic.

Sincerely,
Sue Gilleeland